

# MCH Conference – Trauma Informed Practice



Hannah Matus, Senior Policy Officer, Child Health and Wellbeing Reform  
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# Why trauma informed practice?

1. Royal Commission findings on strengthening services in the early years
2. Identified as a priority area for professional development by MCH nurses
3. Recognition of the complex families MCH routinely work with and support.

There is still an 'inadequate understanding of the impact of trauma arising from such abuse and violence on the development and functioning of children and young people'.

*- Royal Commission into Family Violence, 2016.*

# Tailored learning to enhance MCH workforce capacity

- Designed and delivered by renowned experts
- Informed by Expert Content Group across 10 disciplines
- Focus Group to capture MCH perspective.

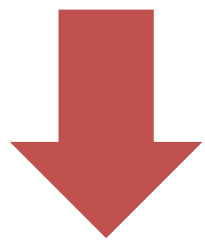
Attachment Trauma	Maternal and Infant Mental Health
Intergenerational Trauma Transmission	Neonatal Trauma
Clinical Intervention	Child Maltreatment Trauma
Online Learning	Neurodevelopment
Nursing	Universal risk screening and response

# Delivery of comprehensive training package: June-October 2018

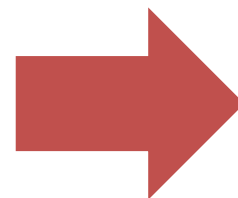
- Two days for all MCH staff: Universal, Enhanced and MCH Line
- 1 online; 1 face-to-face, through a sequenced approach
- Online learning through seminars and webinars – June/July
- Face-to-face workshops from Aug-Oct: metro/regional across Victoria, approx. 15
- Evaluation to gauge impact on practice and family outcomes.

# MERTIL: My Early Relational Trauma Independent Learning

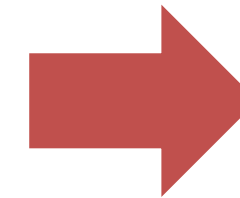
All MCH staff register online



Staff complete baseline knowledge questionnaire and move through 8 online Seminars



**Seminar 1:** Infant Trauma  
**Seminar 2:** Attachment  
**Seminar 3:** Caregiver trauma  
**Seminar 4:** Neonate/Infant Trauma  
**Seminar 5:** Pre-school Trauma  
**Seminar 6:** Creating Supportive Conversations  
**Seminar 7:** Responding to Trauma  
**Seminar 8:** Enhanced Response to Trauma



Up to 5 tailored, voluntary Webinars based on questions/requests

Staff attend 1 Clinical Skills Workshop and receive hard copy resource

Additional resources uploaded to MERTIL including guided reading, podcasts, case studies

# Want to know more?

- MCH Coordinators – look out for a letter and fact sheet in April
- Make sure you register online!
- Look out for your personalised email from MERTIL.

## Contact us:

[mch@edumail.vic.gov.au](mailto:mch@edumail.vic.gov.au)

[MERTIL@deakin.edu.au](mailto:MERTIL@deakin.edu.au)

