



Wellbeing from birth is both a prerequisite for and an outcome of learning

State-wide Maternal and Child Health Conference

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Presenters:

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Karen Freeman – Maribyrnong City Council

Ann McNair – Hume City Council





Play, Learn, Grow

I love to hear your voice

Play Learn Grow Talk to your baby – they're listening and learning!

Victoria Department of Education and Early Childhood Development

Tell me all about it!

Play Learn Grow Read with your child – share the joy of stories

Victoria Department of Education and Early Childhood Development

Tell me about our world

Play Learn Grow Share family, community and culture

Victoria Department of Education and Early Childhood Development

It's fun to dance with you

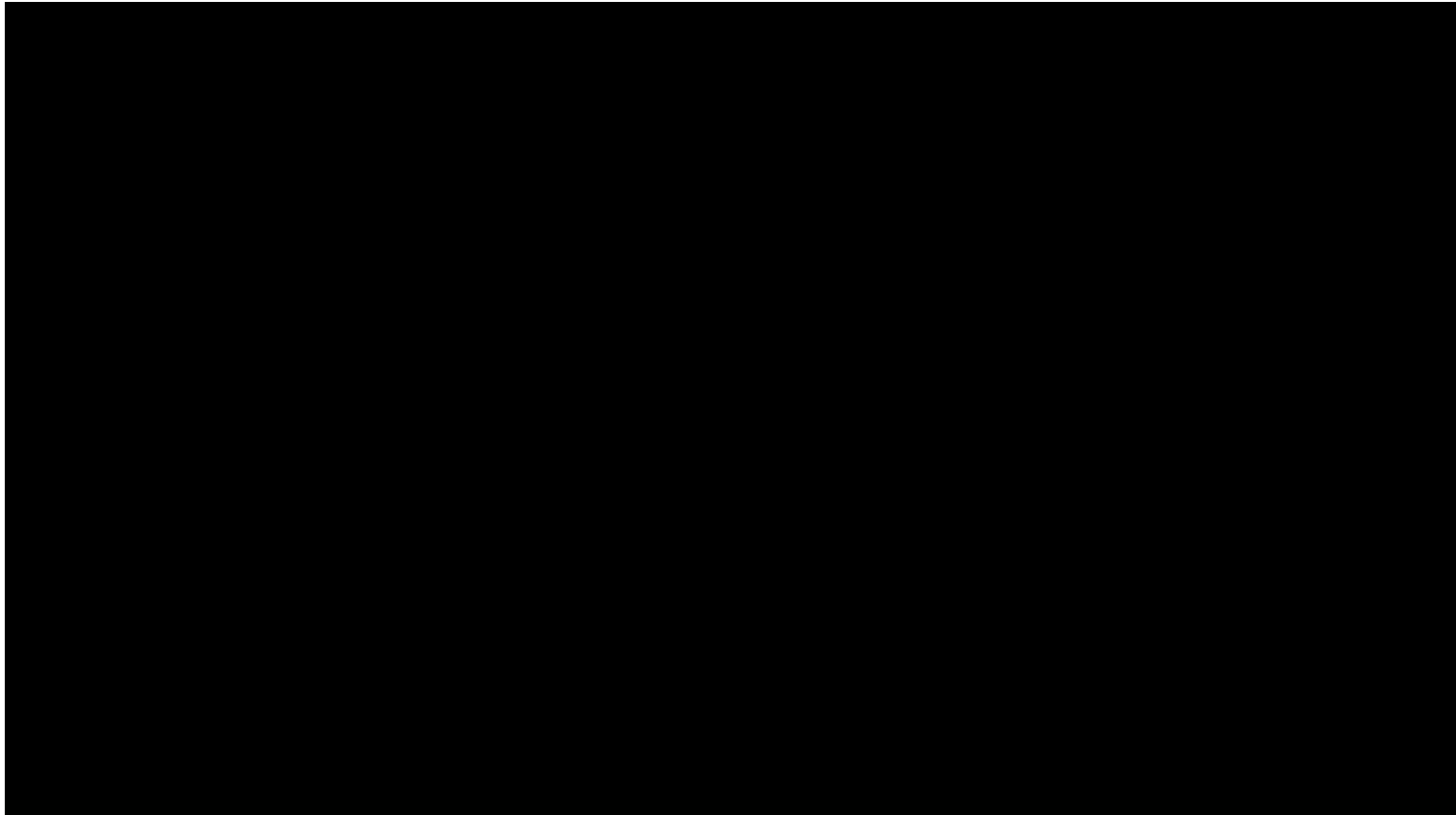
Play Learn Grow Sing and dance together for fun and learning

Victoria Department of Education and Early Childhood Development



Brain Builders

How brains are built: Core story of brain development





The importance of Wellbeing in the early years

Wellbeing means having good mental and physical health, including attachment, positive affect and self regulation

- Managing emotions productively
- Building resilience and persistence
- Being adaptable and confident
- Experiencing feelings of satisfaction and happiness

(VEYLDF p.20)



Working in partnership with families and other professionals

Early childhood professionals:

- Work to improve the continuity of practice between services and settings
- Research, share information and plan together to ensure holistic approaches to children's learning and development



Further information

For more information contact

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Resources

Wellbeing Practice Guide:

<http://www.vcaa.vic.edu.au/Pages/earlyyears/assesspractice.aspx>

Brain Builders: <http://www.albertafamilywellness.org/resources/video/how-brains-are-built-core-story-of-brain-development>

Victorian Early Years Learning and Development Framework:

<http://www.vcaa.vic.edu.au/Pages/earlyyears/index.aspx>