



# ***Men As Role Models***

## **Primary Prevention via Youth-Mentoring**

*opportunity » growth » lifestyle*



# Acknowledgement of Country

Frankston City Council acknowledge the Traditional Custodians of the land on which we meet today, the Bunurong People of the Kulin Nation, and pay respect to Elders past, present and future.

Frankston City Council would like to extend that respect to Elders of other communities who may be here today.



## What is *Men As Role Models*?

The MARM is a new innovative mentoring pilot program that aims to support and **develop boys and men to be the best version of themselves** and become leaders in respect and gender equality in their communities.

Both mentees and mentors will be coached to reflect and build upon on their core values and beliefs that encourage behaviours and actions that **promote a community of respect, safety and connection.**







**Jesuit  
Social Services**  
Building a Just Society

**the  
men's  
project**

A Jesuit Social Services initiative

**MARM Specialist Trainer  
and Advisor**

# Modelling Respect and Equality

# The Man Box rules

Percentage of respondents who agree or strongly agree that

“Society as a whole tells me that...”

## Man Box Rules

Percentage of respondents who agree or strongly agree that

“In my opinion...”

69%	<b>ACTING TOUGH</b> (e.g. Guys should act strong even if they feel scared or nervous inside.)	47%
54%	<b>SELF SUFFICIENCY</b> (e.g. Men should figure out their personal problems on their own without asking others for help.)	27%
35%	<b>AGGRESSION AND CONTROL</b> (e.g. Men should use violence to get respect if necessary)	20%
56%	<b>HYPERSEXUALITY</b> (e.g. A “real man” would never say no to sex)	24%
56%	<b>RIGID GENDER ROLES</b> (e.g. Men should really be the ones to bring money home to provide for their families, not women)	35%
48%	<b>PHYSICAL ATTRACTIVENESS</b> (e.g. A guy who spends a lot of time on his looks isn't very manly)	32%
47%	<b>HETEROSEXUALITY AND HOMOPHOBIA</b> (e.g. A gay guy is not a “real man”)	28%

## Mentor training - what The Men's Project will cover:

- Modelling and promoting healthy constructs of masculinity
- Identifying and challenging gendered drivers of violence
- Encouraging respect for diversity
- Share the importance of inclusivity
- Actively challenging harmful attitude and behaviours



## MARM Lead Mentoring Agency

Whitelion's role in the MARM as the lead youth-mentoring agency is to facilitate recruitment, training and day-to-day support for mentors which includes:

- **Formal mentor training** including adolescent development, trauma-informed practice and regular 'community of practice' sessions to assist in volunteer mentor development
- **Assist mentorships to set goals and access external resources and supports,** volunteer networks and relevant policies and procedures
- **Supporting mentorships to connect with local community groups and events** in areas of mutual interests

For more Information or to register interest for  
*Men As Role Models*, scan the QR Code:



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# MARM project partners and supporters:

