MCH Principal Nurse Advisor

Machinery of Government (MoG changes) MCH Reform Update Election Commitments Updates

February 2019



MCH Streaming



Machinery of Government (MOG)

• Machinery of Government (MoG) changes from 1 January 2019, has brought Maternal and Child Health (MCH) and early parenting functions into the Department of Health and Human Services (DHHS).

• There is a proposal to establish a new Maternal and Child Health and Early Parenting branch, to align all our existing child and family health functions to provide a collective, end to end view of care for women, children and families - from ante-natal to early childhood services.

• The branch will be within the Child and Family and Community Health Group (Health and Wellbeing Division).

DHHS Senior Management



Some MCH statistics



MCH Framework Update



Early Childhood Reforms 2017/18 budget

- Continued rollout of the expansion of the Enhanced MCH program and evaluation
- MCH response to family violence (including the legislative changes with the Family Violence Information Sharing Scheme and the Child Information Sharing Scheme)
- MCH workforce development and attraction (including trauma informed practice and professional development and workforce attraction)
- Increased staffing to the MCH Line
- Professional development on identification of Autism Spectrum Disorder in children under three years of age
- Further expansion of the Aboriginal Maternal and Child Health Initiative (AMCHI)

Expansion of Enhanced Maternal and Child Health Program and Evaluation

- From 10 per cent of families with children birth to 12 months of age for an average of 15 hours of service (17 hours in rural areas) to 15 percent of families with children birth to three years of age for an average of 20 hours service (22.67 hours in rural areas)
- Three year staged expansion 2018/19 2020/21
- Evaluation MCRI over three years
- 10 intensive sites identified
 - Bass Coast, Boroondara, Brimbank, Central Goldfields, Greater Dandenong, Mildura, West Wimmera/Hindmarsh, Whittlesea, Wodonga and Wyndham
 - Spread over four divisions, metropolitan and regional /rural representation
- Education Day April 4 Savoy Room Grand Hyatt Hotel
 - July Dec 2019 additional education day in the four divisions TBA



Family Violence

• Deakin University – Family Violence Leadership Training with MCH Coordinators/Team Leader and Manager (2 people from each MCH service)

• Information Sharing training is now available as a e-learn module

• Customised information sharing MCH e-learn module available mid April

• Work to align CDIS to the schemes is underway, with practice guidance to follow.

Family Violence

• DHHS – one day information training in 2019 – MCH can attend if they wish – dates to be advised

• MARAM training – available later in 2019



2018/19 - Implementation (Year 2) of MCH workforce initiatives to increase the supply and capacity of appropriately qualified MCH staff to deliver high-quality services to Victorian families. Progress to date includes:

- Over 1500 MCH practitioners trained in trauma-informed care (MERTIL)
- Grant funding provided to select councils through EOIs to address hard-to-staff needs or to support local student placements or new graduates.
- Scholarships to be awarded to approx. 89 recipients to undertake post graduate qualifications to become a MCH nurse
- Transition to Practice Guidelines



• MERTIL – standard access available in 2019 and 2020

• Trauma Informed Practice x 1 Workshop will be held this year – date to be advised

• Two more case consultations will be recorded and made available on the MERTIL platform

 Deakin will be seeking feedback from parents re their experiences of having trauma informed conversation with nurses – we will share these findings later this year

 More than 90 percent of participants were satisfied with the training. The evaluation showed statistically significant increases in all areas of self-rated learning from baseline to post-workshop, with gains in confidence and capability maintained two months after training.

Transition to Practice Guidelines

- The Transition to practice guidelines: Victorian maternal and child health services 2019 have been
 published
 - Support consistency for nurses transitioning to practice
 - Clarification of the needs of new graduates
 - Flexible model to support
- Service providers will be eligible for funding under the Graduate Program Grant to trial these new guidelines
- You can download the guidelines from the MAV website: <u>http://www.mav.asn.au/what-we-do/policy-advocacy/social-community/children-youth-family/maternal-and-child-health-children-0-6-years</u>
- A link to these guidelines will be posted on the DHHS website once the MCH website is available.

Early Childhood Agreement for Children in Out of Home Care

- Revised agreement has been published
- Includes 12 signatories including Aboriginal and Community Service Organisations and health services
- Aligns with the Early Years Compact Agreement
- Printed copies at information stand outside
- <u>www.education.vic.gov.au</u>
- email mch@edumail.vic.gov.au



ASD Professional Development

- 2018/19 Professional Development Package (PDP) for MCH nurses to increase their capacity in the identification of atypical social communication development (Autism Spectrum Disorder) in children under three years of age and provide appropriate resources and referrals for parents.
- Online pre learning commences March 28, followed by the roll out of face to face workshops from May 1 to June 18.
- The SACs assessment tool will be introduced as part of routine screening and surveillance in the 12 month, 18 month and 2 year MCH Key Age and Stage consultations.
- CDIS and Xpedite updated to include SACs assessment tool at the appropriate KAS visit, as well as choice at additional visit.



- The Aboriginal Maternal and Child Health Initiative (AMCHI) was established to improve access to and participation in the Universal MCH program, and provide culturally responsive and high quality services to all Aboriginal families.
- Aboriginal families are at the centre of the model, with service delivery shaped around families' needs rather than being determined by existing structures.
- The Victorian Government worked with Koorie communities to co-design a MCH service delivery model that provides more culturally responsive and high quality services, through both Aboriginal Community Controlled Organisations (ACCOs) and current service providers.
- The service model was trialled at nine organisations across Victoria from September 2017 to September 2018, and an evaluation was undertaken to determine the extent to which the activities undertaken by the trial sites could be replicated and sustained across the state.



- The 2018-19 State Budget included \$4 million over four years for the continuation and expansion of Aboriginal MCH service delivery, and Aboriginal Midwifery and MCH scholarships. Findings from the evaluation of the AMCHI trial will inform the expansion of Aboriginal MCH services in 2019 and broader improvements.
- Survey of the Cultural Safety Training needs of Victorian MCH services attended in February.



Election Commitment – Expand Early Parenting Support – over 4 years

- \$146.8 million to build 7 new early parenting centres and refurbish two existing centres (QEC and Tweedle)
- \$26.9m for extra first-time parent groups (FTPG) 3 sessions additional
- \$21.8m for the Baby Bundle (First time parents)
- \$17.1m for home-based MCH sleep support packages for vulnerable families
- \$7.1m for specialist telephone MCH sleep and settling support
- \$4.0m to fund free fitting of child car restraints and safety checks
- \$1.4m to provide basic newborn first aid training
- Payroll tax exemption for paternity leave



Baby Bundle

The Victorian Government is providing first-time parents with a Baby Bundle, starting July 2019.

Each bundle will include **four picture books**, a growsuit, safe sleeping bag, muslin wrap, information for parents, a teething ring and a nappy bag.

Go to engage.vic.gov.au/babybundle

to nominate your favourite Victorian children's book

Books will be chosen by experts based on their educational value for children 0-2 years.

Nominations are open from 1–24 March 2019

Updates

Nursery Equipment Program

NURSERY EQUIPMENT PROGRAM 26,500 items allocated to vulnerable families since NEP commenced 2011 \$1.4M funding

Birth Deaths and Marriages

www.bdm.vic.gov.au/baby

- Birth registration and birth certificates increase children's social inclusion (enrolment in kindergarten, school then later on getting a drivers licence, passport etc)
- Promotional material into MCH packs from July 2019

Consultative Council on Obstetric and Paediatric Mortality and Morbidity (CCOPMM)

- Adjunct Professor Tanya Farrell Chair
- Subcommittees
 - Kim Howland (Maternal)
 - Marcia Armstrong (Paediatric and Adolescent)
- Liana Buchanan Principal Commissioner for Children and Young People
 - Child death inquiries and themes for MCH

MIGRANT & REFUGEE WOMEN'S HEALTH PARTNERSHIP



https://culturaldiversityhealth.org.au/who/

Slido Q and A

- Q and A from Slido will be available on line in the next couple of weeks
- Will include Q and A from November 2018 and todays conference

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Health and Human Services