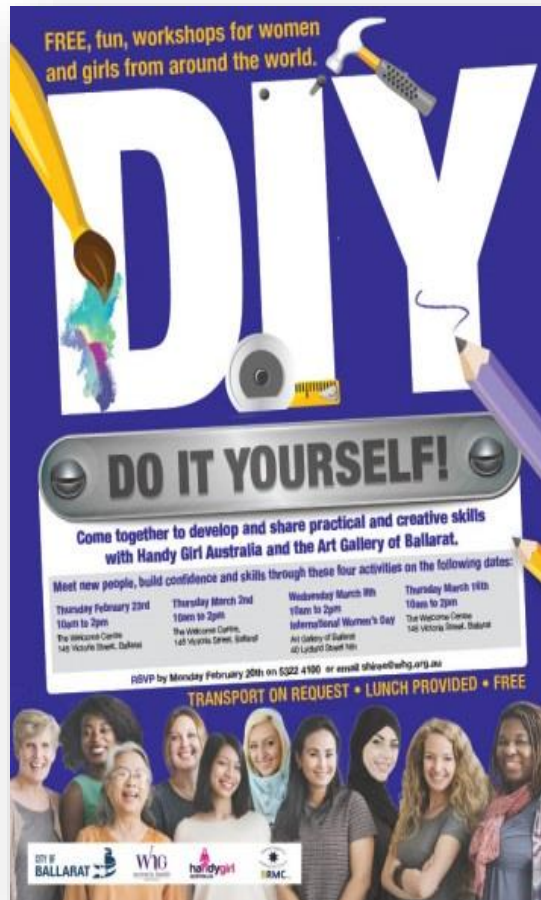


‘Strengthening the Culturally and Linguistically Diverse (CALD) Community by Preventing Violence Against Women



**HAPPY
HEALTHY**

HOMES

w/hg
women's health
GRAMPIANS



Background

- City of Ballarat Community Charter for the Prevention of Violence against Women



Ballarat CaLD Communities

- Ballarat has significant populations of people from India, China, Filipins, Sri Lanka, Iran, Pakistan, Africa and South East Asia
- While most immigrants and refugees live in metropolitan areas of Victoria the population of new migrants living in rural areas of Victoria is growing
- The RCFV found that the experience of family violence by people in CaLD communities in rural, regional and remote areas presents various difficulties, including the availability of services and appropriate interpreters

Steering Group:

- Ballarat Regional Multicultural Council
- Ballarat Islamic Society
- Centre for Multicultural Youth
- Child and Family Services
- Ballarat Community Health
- WRISC Family Violence Support
- Vic Police
- City of Ballarat
- Womens Health Grampians

Project supporters:

- Handy Girl Australia
- Art Gallery of Ballarat
- Pauline O'Shannessy-Dowling, Community Artist
- Ballarat Islamic Society
- Abe Nouk, Performer
- Mitre 10
- InTouch

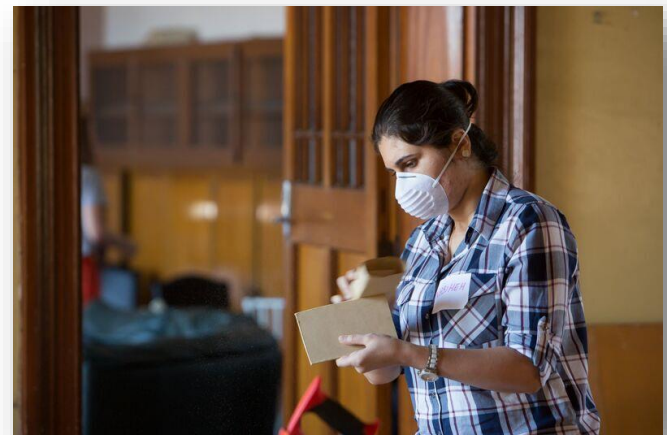
Project Co-ordination:

Shiree Pilkinton, Women's Health Grampians and City of Ballarat

DIY with Handy Girl Australia Workshops – Women & Girls

Handy Girl Australia were engaged to provide 3 sessions to women and girls:

- Introduction to maintenance and repair opportunities
- Use of tools
- Assist participant to build 'story boxes'
- 16 women representing 12 cultures





Art class at Art Gallery of Ballarat International Women's Day



“There was song, dance, laughter and tears”
– Shiree Pilkinton – Project Worker.




“It Takes Courage” public art exhibition March 26, 2017 @ The Welcome Centre community day



“...it was one of the proudest moments of my life. There was the exhibition of our works”



“A MAN IS...”
FREE WORKSHOP
FOR MEN AND BOYS
FROM
AROUND THE GLOBE
 CREATIVE IDEAS FOR HAPPY HEALTHY HOMES




With Abe Nouk and Bob Maika

FRIDAY
MARCH 3RD
10AM TO 4PM
 THE WELCOME CENTRE
 145 VICTORIA STREET
 BALLARAT

RSVP: by Wednesday March 1st on 5322 4100 or email shiree@whg.org.au
 LUNCH AND REFRESHMENTS PROVIDED • TRANSPORT ON REQUEST • FREE

Be challenged
Share stories and experiences
Develop confidence and skills



CITY OF BALLARAT | WIG | cafs | 150 | RMC

Workshop – Men & Boys

- Presented by Abe Nouk and Bob Maika
- Intergenerational – teenagers and older men
- 14 participants from 8 cultures
- Exploring the cause of violence against women and respectful relationships

Impact

Empowerment and Agency:

- Two women reported domestic violence during this project
- One woman requested information on where to get more legal advice
- One woman took action in her workplace to report a superior who had been bullying her for more than three years.
- One of the women has become involved with a group of other migrant women to set up social activities



Impact cont'd

Self Esteem:

- Women finding other women in the group who are going through very similar challenges, and helping each other to be strong, assertive and optimistic about the future
- “I suffer from social anxiety. Sometimes I can’t even get on a bus because there are too many people. Through this project, my confidence has grown. It took a lot of courage for me to sign up for this”

Other Outcomes:

- Fifteen Trees (Ballarat organisation) was moved by one of the women’s artworks and her story. They have offered to plant 15 trees as a tribute to her

Learnings

- Factor in sufficient time to develop an innovative and engaging program that builds skills
- This will provide an opportunity for discussions about gender equity and preventing violence
- Realistic timelines
- Early work on an evaluation plan will pay off at the end
- We didn't have enough time or money to provide a comprehensive program for men

Sustainability

Short and longer term influence:

- For many of the projects participants, their increased empowerment has lead to agency and advocacy for themselves, their families, networks and communities
- The project has also influenced partner organisations by raising awareness and building the capacity of those organisations to address the drivers of violence against women and children
- The project partners are forming stronger partnerships, co-ordinating and implementing other PVAW activities

Sustainability cont'd

- The City of Ballarat has been declared an 'Intercultural City' and aims to elevate CaLD community participation and leadership
- WHG have received State Govt funding to continue to progress PVAW work with the Ballarat CaLD community
- Council has applied for funding to extend and expand the work achieved in this project



Happy Healthy Homes Project ***More information:***

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Project Worker

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Paula Roozenburg

Community Projects Officer

City of Ballarat

paularoozenburg@ballarat.vic.gov.au

5320 5183

FREE, fun, workshops for women and girls from around the world.

DIY

DO IT YOURSELF!

Come together to develop and share practical and creative skills with Handy Girl Australia and the Art Gallery of Ballarat.

Meet new people, build confidence and skills through these four activities on the following dates:

Thursday February 23rd 10am to 2pm The Welcome Centre 145 Victoria Street, Ballarat	Thursday March 2nd 10am to 2pm The Welcome Centre 145 Victoria Street, Ballarat	Wednesday March 8th 10am to 2pm International Women's Day Art Gallery of Ballarat 40 Lydiard Street Nth	Thursday March 16th 10am to 2pm The Welcome Centre 145 Victoria Street, Ballarat
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RSVP by Monday February 20th on 5322 4100 or email shiree@whg.org.au

TRANSPORT ON REQUEST • LUNCH PROVIDED • FREE

CITY OF BALLARAT **WIG women's health** **handygirl AUSTRALIA** **BRMC**