



Active Schools



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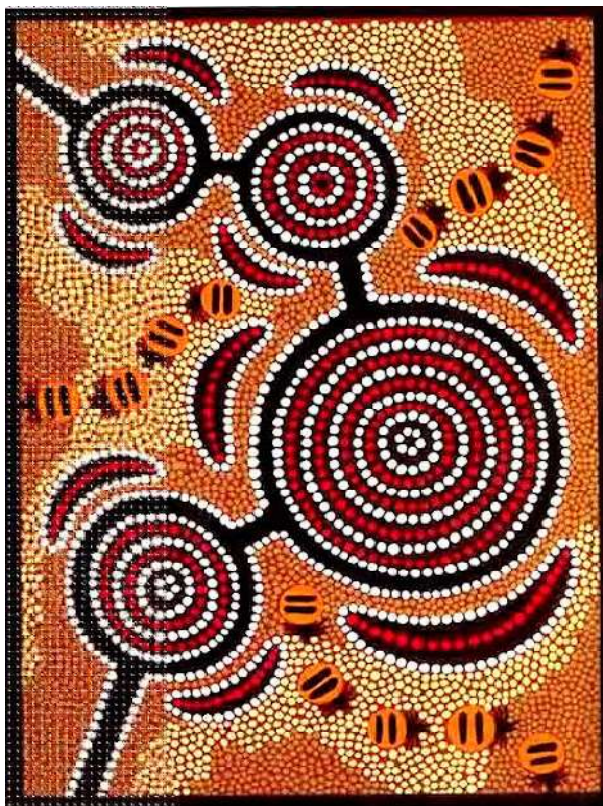


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**We wish to acknowledge the
Traditional Custodians on
whose lands we meet today
and pay our respects to their
Elders- past and present.**

The Active Schools Initiative

Action	Target group	Details
 <p>Get Your Move On</p>	Schools, parents and community	<ul style="list-style-type: none"> Behaviour campaign to promote physical activity as a crucial part of a child's day, focussing on the importance of physical activity at school, after school hours and at home.
 <p>Active Schools Toolkit</p>	All schools	<ul style="list-style-type: none"> Online platform that provides universal support for schools to implement an Active Schools providing information, strategies and resources to assist schools.
 <p>Expert support</p>	Government schools <small>*varying levels of support according to funding they have received</small>	<ul style="list-style-type: none"> Physical Activity Advisors- work with schools to build their capacity to implement an Active Schools approach.
 <p>Funding</p>	Based on SFOE	<ul style="list-style-type: none"> Active Schools Grants –100 grants of \$30,000 are available to schools to implement a whole-school approach to physical activity PE and Sports Funding Boost - 300 disadvantaged Victorian government schools will receive this boost of \$3,000 to support them with the costs of physical education, sport and outdoor education. Extracurricular Boost – in 2023 \$14,000 provided to approximately 200 disadvantaged secondary schools to encourage more teens to be active before and after school.
 <p>Innovation Pilots</p>	Select groups/schools	<ul style="list-style-type: none"> behavioural intervention trials aimed at getting secondary students more active.

What is Active Schools



- The department has invested \$45.4 million in Active Schools since 2019.
- A whole-school approach to physical activity based on the Active Schools Framework, no single solution, a multifaceted approach.
- Aims to shift focus from solely organised sport and PE to a broader holistic view of what it means to be active
- The Active Schools Expert Support Service provides one to one support, resources and mentoring – tailored and unique to the school circumstances.



Active Travel case studies from the Online community



- Aldercourt Primary School
- Bundarra Primary School
- Cobram and District Specialist School
- Girgarre Primary School
- Merriang Special Developmental School
- Seaspray Primary School
- Wooragee Primary School



Common themes from case studies

- Liaison with school community (especially students) is critical
- Schools need assistance with community links (cycling clubs/bike shops etc)
- The perception of “safety” is the biggest barrier/enabler to active travel
- Active Travel facilitates independent travel for so many marginalised students
- Basic and accessible infrastructure can make a big difference
- Schools can greatly assist with safe use of community AT infrastructure (such as Pump tracks)



- Schools and teachers have multiple priorities, so ask how you can support
- Every organisation wants to be in schools – schools need to follow curriculum and other DE initiatives (dovetail into these)
- Relationships are the key – develop them with key school contacts
- Ensure that all support is “joined up”





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Questions?





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Thank you



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Need more??

[Active schools | Victorian Government \(www.vic.gov.au\)](http://www.vic.gov.au)

Hope's story

[Active travel \(education.vic.gov.au\)](http://education.vic.gov.au)

[Active Travel Success Stories - Engage @ ACHPER VIC](#)

[Active Schools - Engage @ ACHPER VIC](#)

[Active Schools Resources - Engage @ ACHPER VIC](#)