## Safer Care MCH Clinical Updates

#### Marcia Armstrong

Principal Maternal and Child Health Nurse Advisor





## **Being different together**

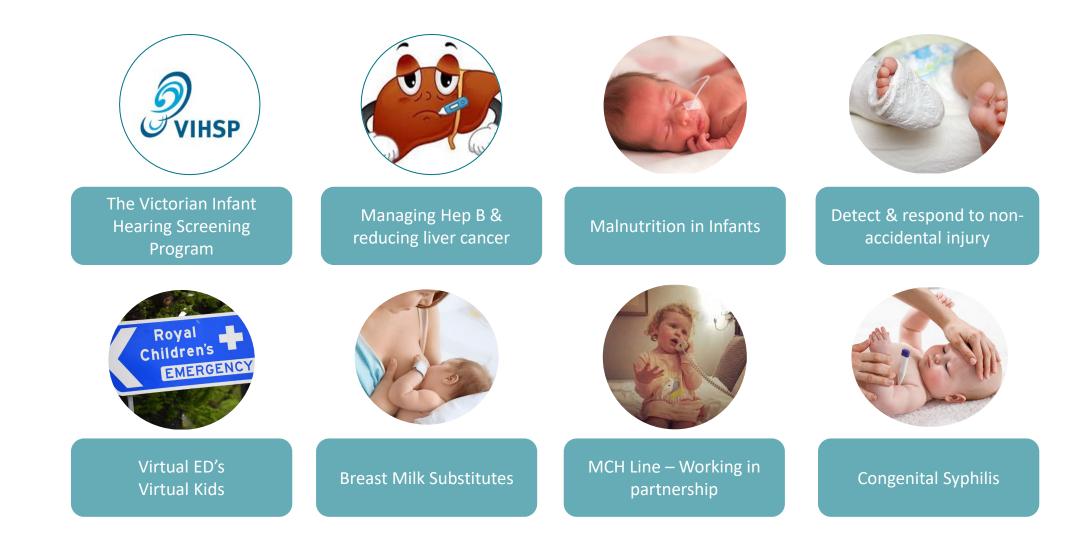
In this space, we're not the same and that's our greatest strength.

We draw on our differences in:

- Who we are
- What we've experienced and;
- How we think.

SC\\*

## What's on for today...



## COVID-19 & the changes in MCH Service Delivery



21 March 2020 – 15May 2020

Commencement of telehealth + short faceto-face delivery



- PPE availability from 15 May 2020
- All infants 0-8 wks. and priority groups all ages
- Based on service capacity older children > 4 mths

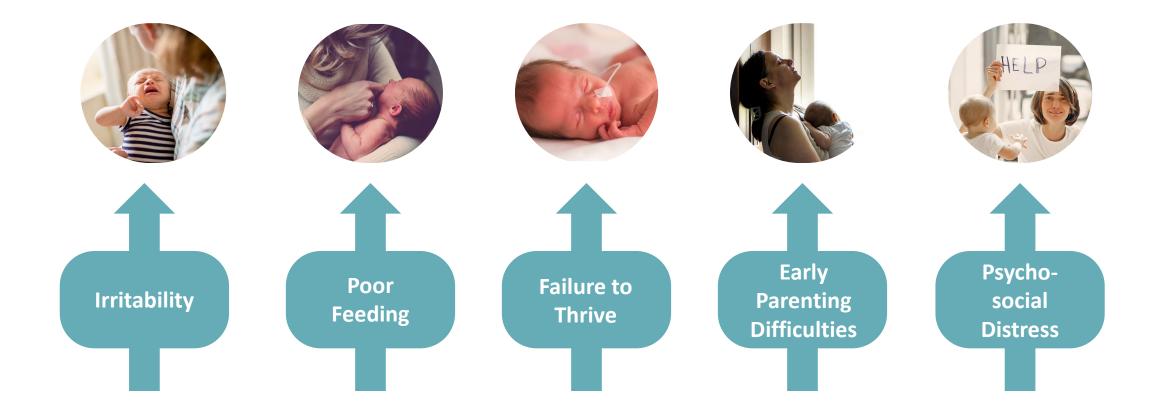


- MCH access to Health
  Direct
- Services funded in 19/20 financial year
- Professional Development provided



- Decreased available hours for effective service provision
- Older children without additional needs received less service provision

### **Emergency Department** presentations



# **Telehealth guidelines**



Telehealth guidelines for MCH services



Provides guidance on what can be covered by telephone/telehealth



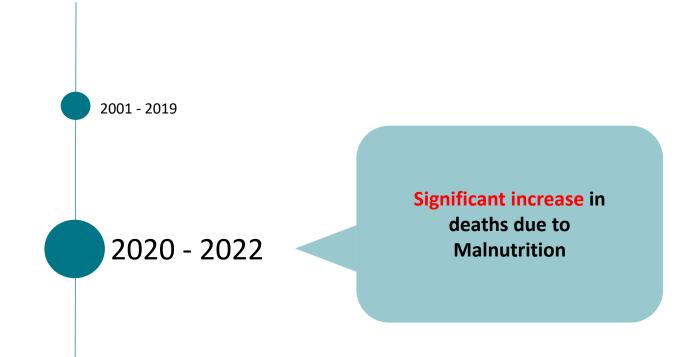
All Key Ages & Stages visits require a faceto-face delivery component



## **Malnutrition**



## **Increase in Malnutrition**



### **Importance of Face-To-Face KAS visits**



<u>ALL</u>KAS visits require face-to-face service delivery + weight



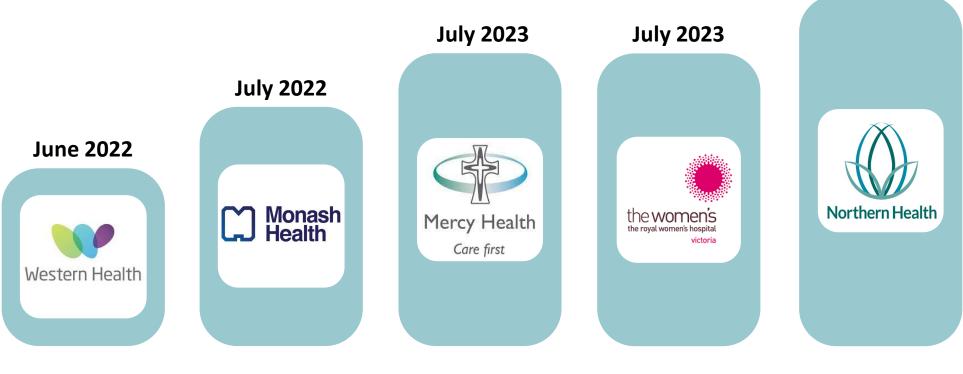
Home Visit – assessment of nutrition requires weight



Medical reasons for slow weight gain & differential diagnosis



#### **MCH Electronic Discharge Summaries**



These hospitals combined represent approx. 42% of the birthing population for Victoria

October 2023

### **Updates from the Raising Children Network**

<u>Co-sleeping with babies | Raising Children Network</u> updated 25/08/2023



raisingchildren.net.au

the australian parenting website

Co-sleeping: When a baby sleeps on the same surface as another person

Co-sleeping can help with breastfeeding & bonding

There are circumstantial risks associated with co-sleeping

There are ways to reduce risks & make co-sleeping safer

A safe sleeping environment is: In a safe cot, on a safe mattress, safe bedding in a safe sleeping space



## **Breastfeeding Definition Revision**

#### MCH Service Guidelines (p. 73)



#### **Exclusive Breastfeeding**

- Breast milk is the **only** source of nourishment
- Can receive vitamins, minerals or medicines (via drops or syrups)
- **Does not** receive anything else.



#### **Predominantly Breastfeeding**

- Breast milk as the predominant source of nourishment
- Can receive liquids, ritual fluids, drops or syrups
- Does not receive any nonhuman milk or food based fluids



#### **Partially Breastfeeding**

- Breast milk and solid or semisolid foods
- The infant can receive any food or liquid

# Thank-you

