



Brave Foundation

Supporting Expecting & Parenting Teens Program

Seeing future generations thrive by unlocking the boundless potential of young parents

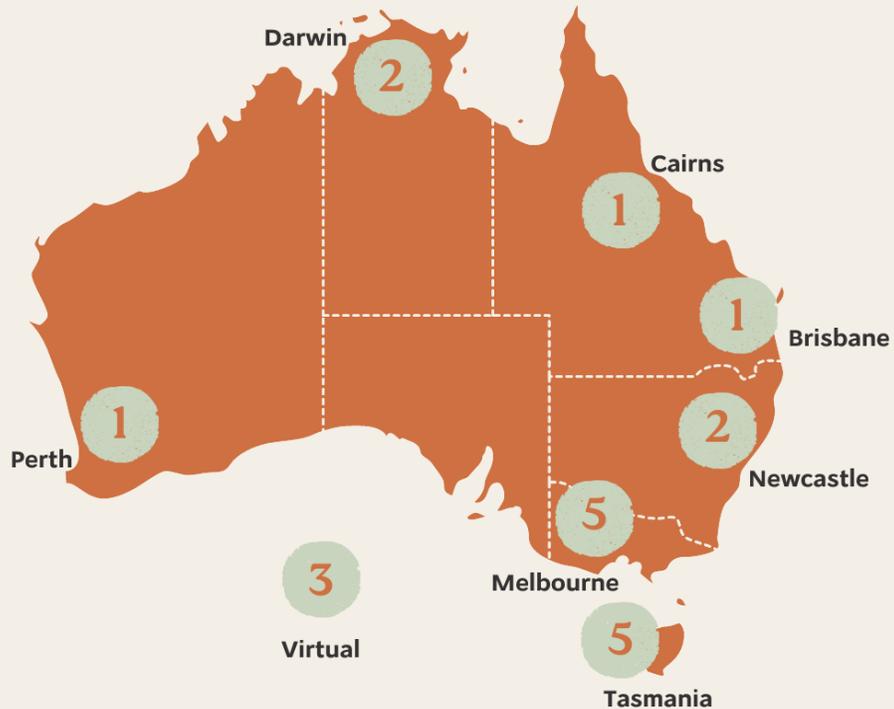


Our Mentors

20 professional mentors working with young parents (virtually or face-to-face) on achieving self-identified goals in

- parenting
- education
- health & wellbeing
- Safety and security
- workforce participation

Currently 200+ participants in the program



At times, some mentors have waiting lists & the intake team keeps referrers informed

Participants

415 Young parents in SEPT

79 Virtual participants

95% Female participants

548 Children (151 unborn)

141 Pregnant on referral

55% Age 19 or younger

33% Aboriginal or Torres Strait Islander participants

22% Participants affected by family violence

61% Have known mental health concerns

Partners

- Not to assume pregnancy is unintentional (there are cultural, social, emotional factors to consider).
- They have parenting goals, not just education & employment
- They prefer individual support from trusted adults
- They desire social connection with other young parents
- They want guidance on navigating other local community supports
- It is important that services are designed & delivered to meet the needs of young parents & their children
- They want to contribute their lived experience to inform policy & practice



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